

LONG-TERM HISTORY OF VEGETATION AND FIRE IN PITCH PINE–OAK FORESTS ON CAPE COD, MASSACHUSETTS

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Abstract. Human disturbance in northeastern North America over the past four centuries has led to dramatic change in vegetation composition and ecosystem processes, obscuring the influence of climate and edaphic factors on vegetation patterns. We use a paleoecological approach on Cape Cod, Massachusetts, to assess landscape-scale variation in pitch pine–oak vegetation and fire occurrence on the pre-European landscape and to determine changes resulting from European land use. Fossil pollen and charcoal preserved in seven lakes confirm a close link between landform and the pre-European distribution of vegetation. Pine forests, dominated by *Pinus rigida*, were closely associated with xeric outwash deposits, whereas oak–hardwood forests were associated with landforms having finer grained soils and variable topography. In general, fire was much more abundant on Cape Cod than most other areas in New England, but its occurrence varied geographically at two scales. On the western end of Cape Cod, fires were more prevalent in pine forests (outwash) than in oak–hardwood forests (moraines). In contrast, fires were less common on the narrow and north–south trending eastern Cape, perhaps because of physical limits on fire spread.

The most rapid and substantial changes during the past 2000 years were initiated by European settlement, which produced a vegetation mosaic that today is less clearly tied to landform. *Quercus* and other hardwood trees declined in abundance in the early settlement period in association with land clearance, whereas *Pinus* has increased, especially during the past century, through natural reforestation and planting of abandoned fields and pastures. An increase in fossil charcoal following European settlement suggests that fire occurrence has risen substantially as a result of forest clearance and other land uses, reaching levels greater than at any time over the past 2000 years. Although fire was undoubtedly used by Native Americans and may have been locally important, we find no clear evidence that humans extensively modified fire regimes or vegetation before European settlement. Instead, climate change over the past several thousand years and European land use over the past 300 years have been the most important agents of change on this landscape.

Key words: Cape Cod, Massachusetts (USA); charcoal; land use; paleoecology; pitch pine–oak forest; pollen.

INTRODUCTION

Human disturbance in northeastern North America over the past four centuries has directly altered the structure and composition of modern vegetation, as entire landscapes have experienced variable intensities of resource extraction, agricultural clearance, and reforestation (Cronin 1983, Williams 1989, Turner et al. 1990, Whitney 1994). Vegetation composition and pattern are also controlled by the frequency and intensity of natural disturbances (Pickett and White 1985, Foster et al. 1997, 1998a), and modern disturbance regimes are closely tied to human activities, as is clearly true of fire (Whelan 1995, Pyne et al. 1996). The result of these direct and indirect human impacts is vegetation

whose structure and composition may now be less tied to edaphic and climatic influences than in the past (White and Mladenoff 1994, Foster et al. 1998b).

In New England, the effects of European land use on both vegetation and fire have been substantial, especially along the coast where most of the earliest towns were first established (Dunwiddie and Adams 1995, Dunwiddie 2001, Eberhardt 2001). On Cape Cod, Massachusetts, the link between human history and fire was probably very strong, because fire has been an important component of this ecosystem in the past and the vegetation is dominated by *Pinus rigida* and *Quercus* spp., whose occurrence is closely linked to fire history (Little 1979, Winkler 1985, Patterson and Backman 1988). The extent and spatial distribution of fire on the pre-European landscape, the relationship of fire to vegetation pattern, and the effects of human actions on fire are all poorly understood on this landscape. Early historical observations of Cape Cod forest are limited to the immediate coast and differ in their details

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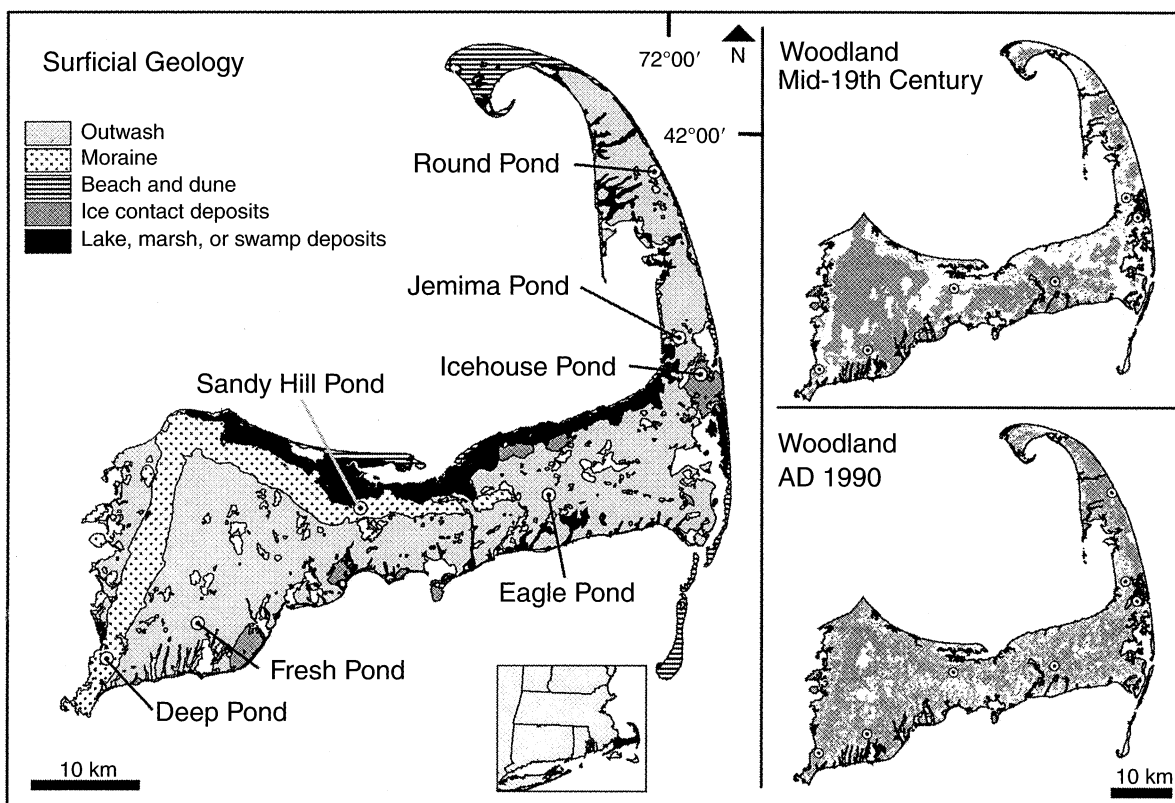


FIG. 1. Location of study sites on Cape Cod, Massachusetts (see inset), in relation to surficial geology (Oldale and Barlow 1986), 19th century woodland (Massachusetts Archives 1830 U.S. Coast and Geodetic Survey 1945–1961), and modern woodland (MassGIS 1991). Round, Eagle, Fresh, and Deep Ponds were dominated by *Pinus* pollen before European settlement, and the other sites were dominated by *Quercus* (Fig. 3). In the mid-19th century, at the height of agricultural activity, the coastal areas of Cape Cod had the largest settlements and were clear of forest. The region was ~40% forested in extensive, cutover stands. Today, ~40% of the landscape is composed of maturing forests, largely originating at the end of the 19th century.

(Bromley 1935, Ogden 1961, Russell 1983), ranging from dry, barren woodlands to extensive forests of mesic trees such as *Fagus* and *Carya*. Some accounts describe open landscapes or forests with little undergrowth that are linked to intentional burning or clearing by Native Americans (Day 1953, Pyne 1982, Vickery and Dunwiddie 1997).

To address these issues, we use paleoecological methods to reconstruct the past 2000 years of change in vegetation and fire on Cape Cod. By doing so, we ask two basic questions. First, what was the presettlement pattern of vegetation and fire on the landscape? Were forests similar and fires ubiquitous throughout Cape Cod or was there variation on a finer spatial scale? Second, how has the pattern of vegetation and fire changed since European settlement? We examine fossil pollen and charcoal preserved in lake sediments (Fig. 1) to compile seven site-based vegetation and fire histories. This study complements ongoing historical and modern research investigating factors influencing modern vegetation composition and distribution (e.g., Eberhardt 2001, Motzkin et al. 2002, Parshall and Foster 2002). Because of its high number of rare habitats and

species, coastal New England has one of the highest priorities for protection and conservation in the northeastern United States (Barbour et al. 1998). Development of conservation policy and vegetation management through the use of prescribed fire and other techniques requires a more thorough understanding of spatial and temporal variation in disturbance processes, vegetation composition, and human history (Christensen et al. 1996, Motzkin et al. 1999, Swetnam et al. 1999).

STUDY AREA

Pitch pine–oak forests are common along the coast in the glaciated region of northeastern United States from Cape Cod, Massachusetts, to Long Island, New York, and are locally important on xeric, well-drained sites inland (Bromley 1935, Westveld et al. 1956, Forman 1979, Finton 1998, Motzkin et al. 1999). The dominant trees include *Pinus rigida* (pitch pine) and *Quercus* spp. (oaks, especially *Q. alba*, *Q. coccinea*, *Q. rubra*, *Q. ilicifolia*, and *Q. velutina*), but *Pinus strobus* (white pine), *Acer rubrum* (red maple), *Carya* spp. (hickory), and *Fagus grandifolia* (American beech)

TABLE 1. Characteristics of study lakes including the predominant soils (Fletcher 1993) and landform (Oldale and Barlow 1986).

Site	Area (ha)	Elevation (m)	Soil texture	Landform
Deep Pond	1.0	23	variable: sandy loams to coarse/loamy sands	moraine
Sandy Hill Pond	2.4	16	variable: sandy loams to coarse/loamy sands	moraine
Jemima Pond	2.2	3	predominantly coarse sands	outwash
Icehouse Pond	1.8	19	variable: silty/sandy loams to coarse/loamy sands	ice contact
Fresh Pond	5.3	7	predominantly coarse sands	outwash
Eagle Pond	4.0	11	predominantly coarse sands	outwash
Round Pond	1.6	4	predominantly coarse sands	outwash

may be abundant locally. Common to many stands is a dense ericaceous shrub understory comprised primarily of *Gaylussacia baccata* (huckleberry) and *Vaccinium* spp. (blueberries).

The dominant landforms on Cape Cod are glacially derived (Fig. 1; Oldale and Barlow 1986, Uchupi et al. 1996). The highest elevations (60 m) are on the topographically variable Buzzards Bay and Sandwich moraines, which occur along northwestern and northern Cape Cod. Much of the rest of the study area is

outwash, mostly flat, and <30 m above sea level. Soil composition is largely controlled by these landforms. Outwash deposits are excessively drained, coarse sands, whereas moraines and ice-contact deposits are a complex of many soil types from coarse sands to sandy loams and silt loams (Fletcher 1993).

Archaeological evidence indicates that Native Americans occupied Cape Cod throughout the Holocene and into the period of European settlement (McManamon 1984, Mahlstedt 1987, Grumet 1995, Dunford and O'Brian 1997). Recent studies demonstrate modest cultural changes in the last 1000 years associated with the arrival of maize but suggest that the populations were seasonally mobile, heavily reliant on marine resources, and not associated with large permanent settlements, horticulture, or forest clearing (Mahlstedt 1987, Little and Schoeninger 1995, Bragdon 1996, Chilton 1999). Burning by Native Americans undoubtedly occurred, but its extent and impact on vegetation are still debated (Russell 1983, Patterson and Sassaman 1988, Bonnicksen 2000).

The first permanent European settlements on Cape Cod were established in the 1630s, but these were initially small and many areas of the Cape were not occupied until at least 1700. Cattle and sheep grazing were common along the coasts until the early 1800s (Kittredge 1968, Stott 1987), but the landscape was still ~40% forested in the mid-19th century, varying substantially among towns (Fig. 1). Historical sources cite increased fire ignitions from railroads beginning in the mid-19th century, and reports of fires were common in the early part of the 20th century (Dunwiddie and Adams 1995, Eberhardt 2001).

METHODS

We selected seven lakes to include both broad geographic coverage and edaphic variability on Cape Cod (Fig. 1, Table 1). Based on surficial geology, we selected two lakes on morainal deposits (Deep and Sandy Hill), three lakes on outwash deposits (Fresh, Eagle, Jemima, and Round), and one on ice-contact deposits (Icehouse). All lakes are small, ranging in size from 1 to 5.3 ha and should collect a significant proportion of pollen from vegetation within several kilometers (Pren-

TABLE 2. Radiocarbon dates and calibrated dates (calculated from CALIB 4.2 [Stuiver and Reimer 1993, Stuiver et al. 1998]) used to create age-depth models for each site (Fig. 2).

Site (year cored)	Depth (cm)	¹⁴ C age (yr BP)	Calibrated age (yr ago)	Calibrated age range, 2σ (yr ago)
Deep Pond (1999)	110	705 ± 40	711	608–756
	130	1090 ± 40	1020	977–1115
	169	1782 ± 40	1757	1651–1868
	235	2305 ± 50	2389	2223–2411
Fresh Pond (1999)	49	457 ± 60	560	366–607
	79	760 ± 40	723	702–789
	113	1126 ± 40	1055	1002–1147
	159	1673 ± 50	1605	1558–1754
Sandy Hill (1999)	199	2142 ± 50	2192	2044–2356
	63	633 ± 40	631	599–707
	71	862 ± 40	798	738–959
	85	932 ± 40	880	808–978
Eagle Pond (2000)	101	1138 ± 40	1075	1013–1193
	147	2014 ± 60	2017	1910–2169
	39	827 ± 40	781	720–842
	55	1164 ± 40	1111	1024–1222
Jemima Pond (1999)	81	1579 ± 60	1542	1396–1619
	121	3184 ± 60	3436	3365–3617
	199	4947 ± 70	5706	5636–5941
	77	612 ± 40	648	595–701
Icehouse Pond (1999)	91	926 ± 60	878	773–998
	111	1458 ± 40	1394	1344–1457
	125	1735 ± 40	1706	1581–1785
	139	1962 ± 40	1960	1875–2038
Round Pond (2000)	179	541 ± 40	590	560–691
	219	1309 ± 30	1312	1223–1341
	271	2190 ± 50	2225	2093–2384
Round Pond (2000)	27	617 ± 40	648	598–703
	61	1468 ± 40	1397	1339–1470
	105	1872 ± 40	1871	1761–1965
	145	3171 ± 40	3431	3377–3520

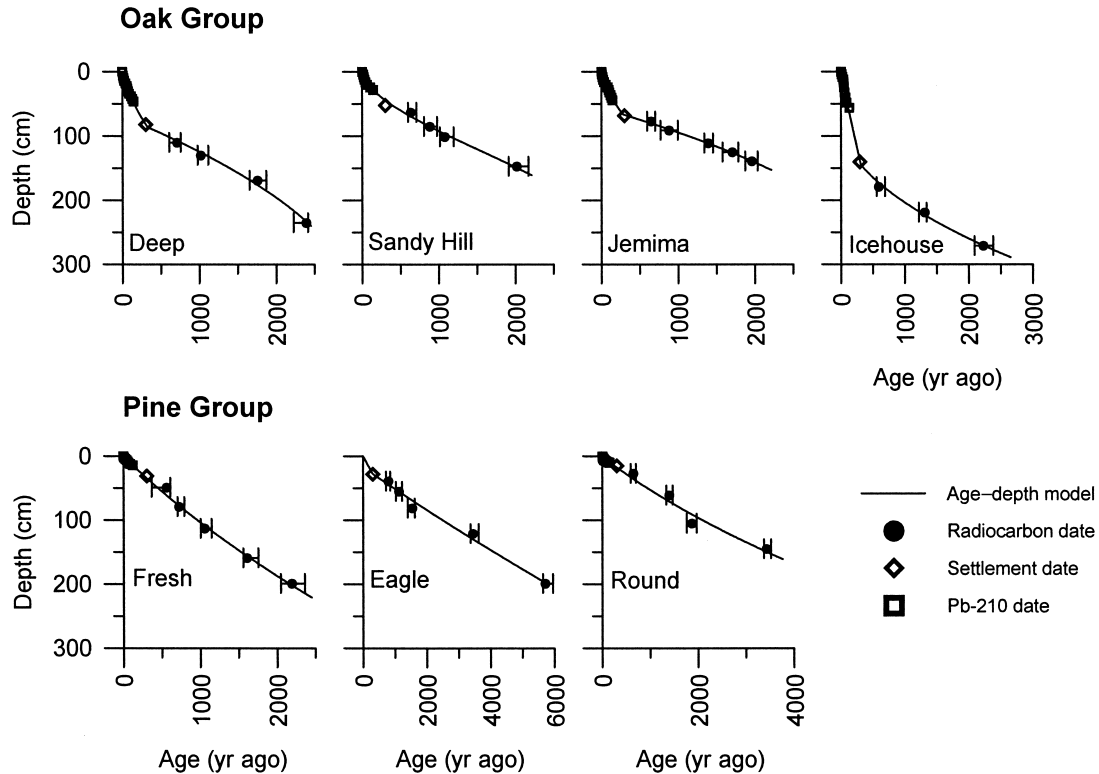


FIG. 2. Age–depth models for each site based on radiocarbon dates, Pb-210 dates, and the beginning of European settlement (300 years ago, AD 1700) identified by changes in pollen. Bars on radiocarbon dates represent the age range of each date derived from the probability method of CALIB 4.2 (Table 2). The height of the bars does not represent sample depth.

tice 1985, Jackson 1990, Sugita 1993, 1994). The uppermost lake sediments and the sediment–water interface were sampled with a 7 cm diameter polycarbonate tube fitted with a piston, and deeper sediments were retrieved with a 5 cm diameter Livingstone piston corer. Organic content of sediments was estimated from the percentage dry mass lost on ignition (LOI) at 550°C (Bengtsson and Enell 1986).

Pollen

Sediment samples from 1 cm depths were selected in equal intervals downcore, and sample preparation for pollen analysis followed standard procedures (Faegri and Iversen 1989), including sieving through a 180- μm mesh, adding a known number of marker grains, and identifying pollen at 400 \times magnification until 500 tree and shrub pollen grains were identified. Pollen percentages are based on a pollen sum of upland trees, shrubs, and herbs, plus pteridophyte spores. Depending on site, the time period represented by each pollen sample is \sim 5–20 years, with gaps between samples on the order of 100–200 years in older sediments and 10–20 years in younger sediments.

We identified major changes in vegetation at each site by clustering pollen spectra using the constrained incremental sum of squares method on square-root transformed pollen percentages (Grimm 1987). The

analysis included all upland pollen types that comprised $>2\%$ of the pollen sum for at least one sample in any of the seven sites. The same pollen types were included in all clusterings, and the results were used to determine the onset of European land clearance and other changes in pollen stratigraphy.

We identified similarities in past forest composition among sites using Detrended Correspondence Analysis (DCA) of all fossil pollen spectra combined. The pollen types for this analysis included upland, nonherbaceous taxa from closed forest whose abundance exceeded 2% of the pollen sum in at least one sample and whose occurrence is not associated with the local habitats surrounding a lake (e.g., *Acer rubrum*, *Nyssa sylvatica*, *Clethra*). Eight types fulfill these criteria: *Pinus*, *Quercus*, *Tsuga canadensis*, *Betula*, *Acer saccharum*, *Fagus grandifolia*, *Carya*, and *Pteridium*.

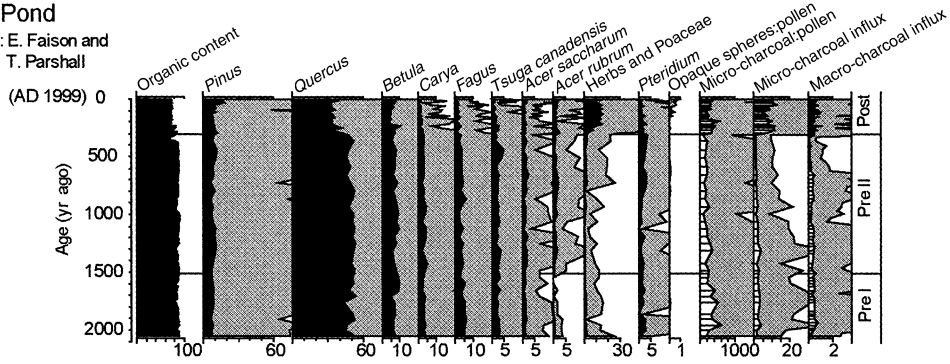
Charcoal

“Microscopic” charcoal fragments encountered along transects on the same slides used to count pollen were measured at 200 \times with an imaging system. Only charcoal pieces $>10\ \mu\text{m}$ in length were measured, because small fragments are difficult to distinguish from opaque mineral grains. The number of marker grains present along the transects were also counted. Charcoal abundance of this size fraction is expressed both as

a) Oak Group sites

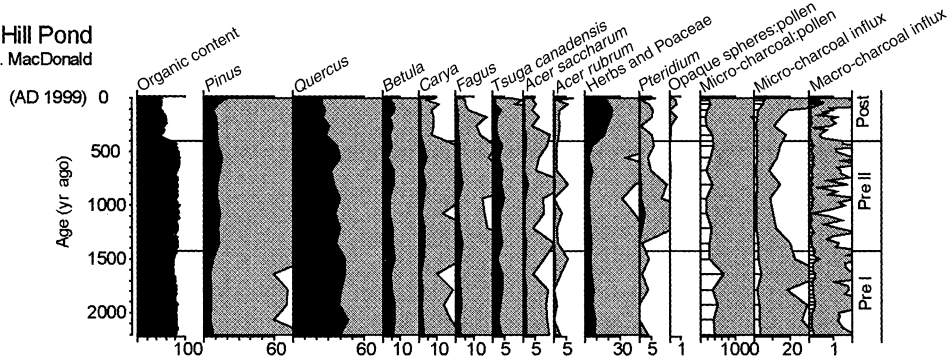
Deep Pond

Analysts: E. Faison and
T. Parshall



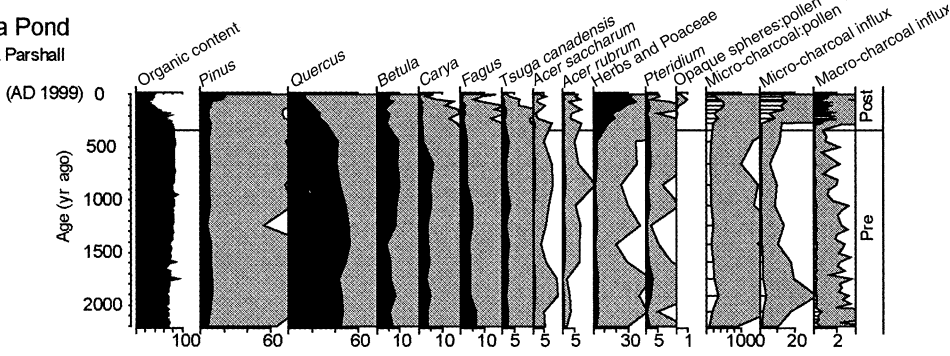
Sandy Hill Pond

Analyst: D. MacDonald



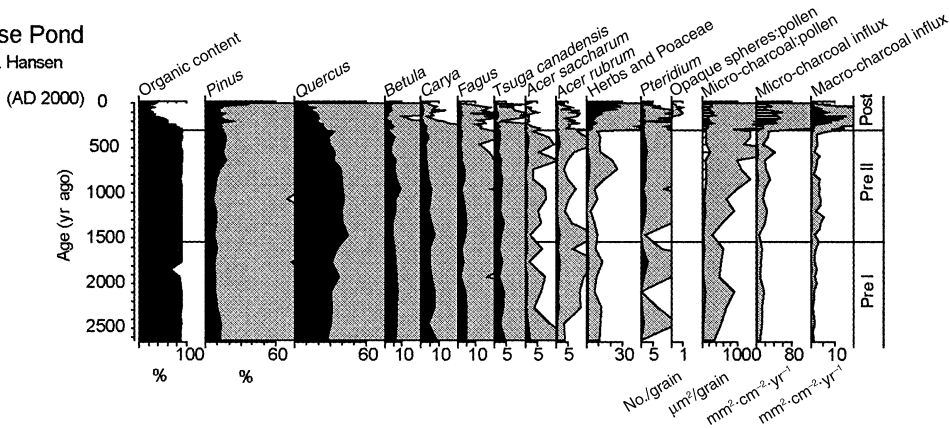
Jemima Pond

Analyst: T. Parshall



Icehouse Pond

Analyst: B. Hansen



b) Pine Group sites

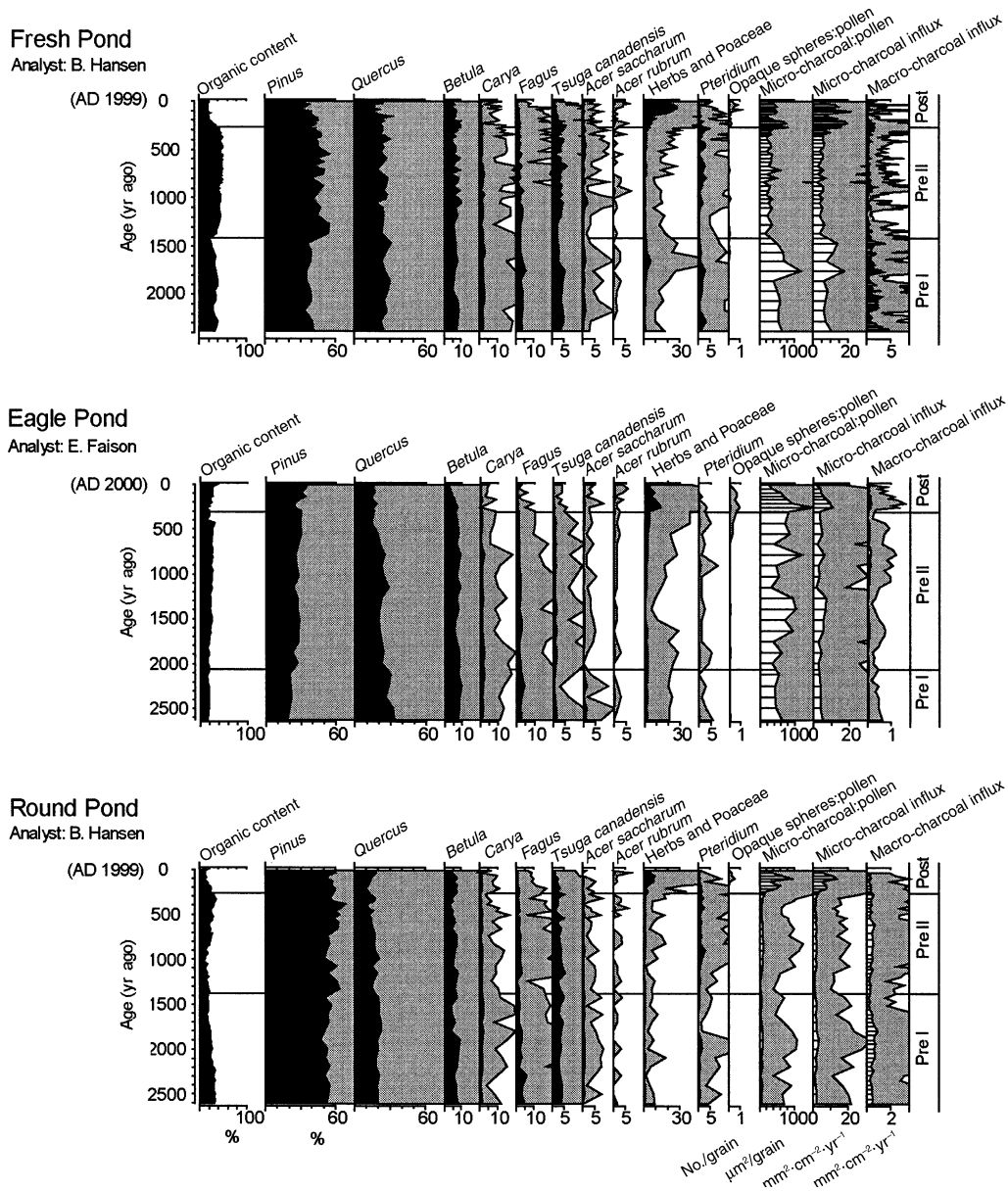


FIG. 3. Results of sediment analyses of sites in (a, facing page) Oak and (b) Pine Groups, which were identified by ordination of pollen spectra (Fig. 4). Organic content is the percentage dry mass lost on ignition at 550°C. Pollen is given as the percentage of the total pollen sum. Horizontal scales are not uniform among types, and gray shading is a 10× exaggeration. Opaque spheres values are the number of spheres counted per pollen grain. Charcoal is expressed as either a ratio of charcoal to pollen ($\mu\text{m}^2/\text{grain}$) or as influx ($\text{mm}^2\text{-cm}^{-2}\text{-yr}^{-1}$). Horizontal lines are zone boundaries identified by clustering of pollen spectra in each site separately.

influx (in square millimeters per square centimeter per year) and as a ratio of the total charcoal area measured for each slide and the upland pollen sum (square micrometers per pollen grain).

“Macroscopic” charcoal was assessed in sediment samples (1–3 cm³ portions) that were dispersed with KOH and retained in a 180- μm screen. Because this approach does not require pollen preparation, the num-

ber of macroscopic charcoal samples analyzed is greater than the number of microscopic samples. However, except for Fresh Pond, samples are noncontiguous, with gaps between samples representing 10–50 years. For a subset of samples at each site, the area of all charcoal fragments was measured with an imaging system at 20× magnification. For each subset, the correlation between the number of pieces and total area

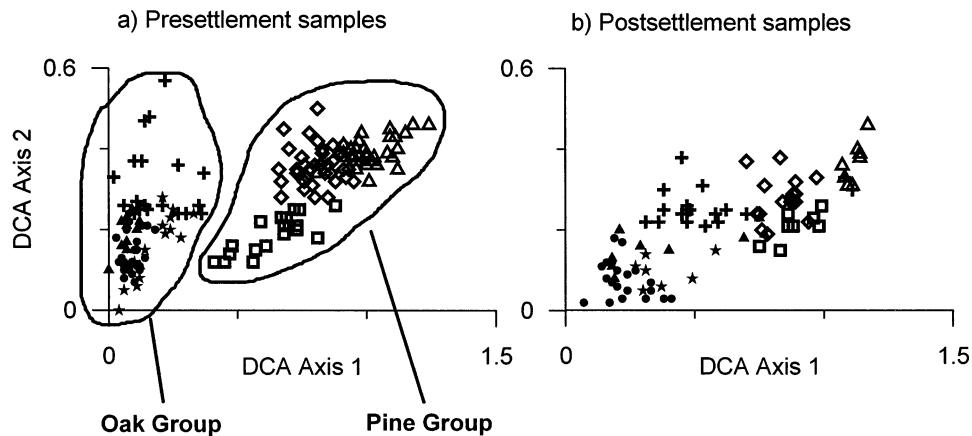


FIG. 4. Ordination of fossil pollen assemblages from all sites. (a) Presettlement samples are shown separately from (b) postsettlement samples to highlight the difference in vegetation between the two periods. The Oak Group includes Icehouse (+), Jemima (▲), Sandy Hill (★), and Deep (●) Ponds. The Pine Group includes Round (△), Eagle (□), and Fresh (◇) Ponds.

of fragments is nearly linear, and counts only were made for subsequent samples from the same site. Macroscopic charcoal influx on an area basis (in square millimeters per square centimeter per year) was calculated from these counts using the site-specific relationship between pieces and area.

Chronology

We calculated sediment age before European settlement (Table 2) from calibrated AMS radiocarbon dates of homogenized sediment, each incorporating 5–10 cm³ spanning 1 cm of sediment depth. Macrofossils are rare in these sediments and the surrounding landforms do not contain carbonates. We also assessed sediment Pb-210 activity to provide time control for the past 150 years (Eakins and Morrison 1978, Binford 1990). Opaque spheres, identified during microscopic charcoal analysis, indicate an increase in fossil-fuel combustion since the late 19th century (Clark and Patterson 1984, Rose et al. 1995) and are used to reinforce the chronology.

We created age–depth equations from second- and third-order polynomials including all radiocarbon and Pb-210 dates and the depth representing European “settlement” identified by pollen classification (Fig. 2). Since it is impossible to accurately determine the exact date and extent of landscape clearance around each site, we use AD 1700 (300 years ago) to approximate the date of European settlement for all sites. We acknowledge that some of the earliest European settlements nearby occurred as much as 70 years before that time, but we believe that their size was too small to make an impact on the landscape that would show up in these pollen records. This estimated date compares well to predicted dates based on interpolating among Pb-210 and ¹⁴C ages.

For three lakes (Deep, Jemima, and Icehouse), separate age–depth equations for presettlement and postsettlement periods were created because sedimentation

rates increase substantially across this time horizon. On the basis of Pb-210 dates, pollen, and organic content, we suspect that the sediments of the past 300 years in Eagle Pond may have been slightly disturbed, so we constructed a radiocarbon-based model for the presettlement period and linearly interpolated between the settlement horizon (300 years ago) and the top of the core. Although there are instances where the age model and radiocarbon dates do not agree exactly (e.g., Round Pond), in most cases the fit is very good. Since our goal is to compare charcoal influx, we feel that it is better to construct age models consistently among sites than to interpolate between dates.

RESULTS

Sediment stratigraphy and pollen changes

European settlement is clearly identified by an increase in herbs and *Poaceae*, which represent forest clearance and the initiation of open landscapes (Fig. 3). At the same time, the rate of sediment accumulation rises at many sites (Fig. 2) and organic content drops (Fig. 3). *Pinus* pollen also increases in the late-settlement period at three of four sites in the Oak Group (Fig. 3a, see *Results: Comparison of pollen among sites*).

Except for Jemima Pond, we have divided the presettlement pollen stratigraphy into two zones based on cluster analyses (Fig. 4). The date of transition between these zones is surprisingly consistent among sites, around 1400–1500 years ago, and we have named the presettlement zones consistently (as Pre I and Pre II) for ease of discussion and to summarize charcoal results (Fig. 5). Eagle Pond is the only site where the date of this boundary differs, but even here the actual radiocarbon date at the boundary depth is 1500 yr BP (Table 2: Eagle Pond, 81 cm). Between the two presettlement zones, *Pinus* becomes more abundant at Fresh, Sandy Hill, Eagle, and Round Ponds and *Quercus* becomes more abundant at Icehouse Pond.

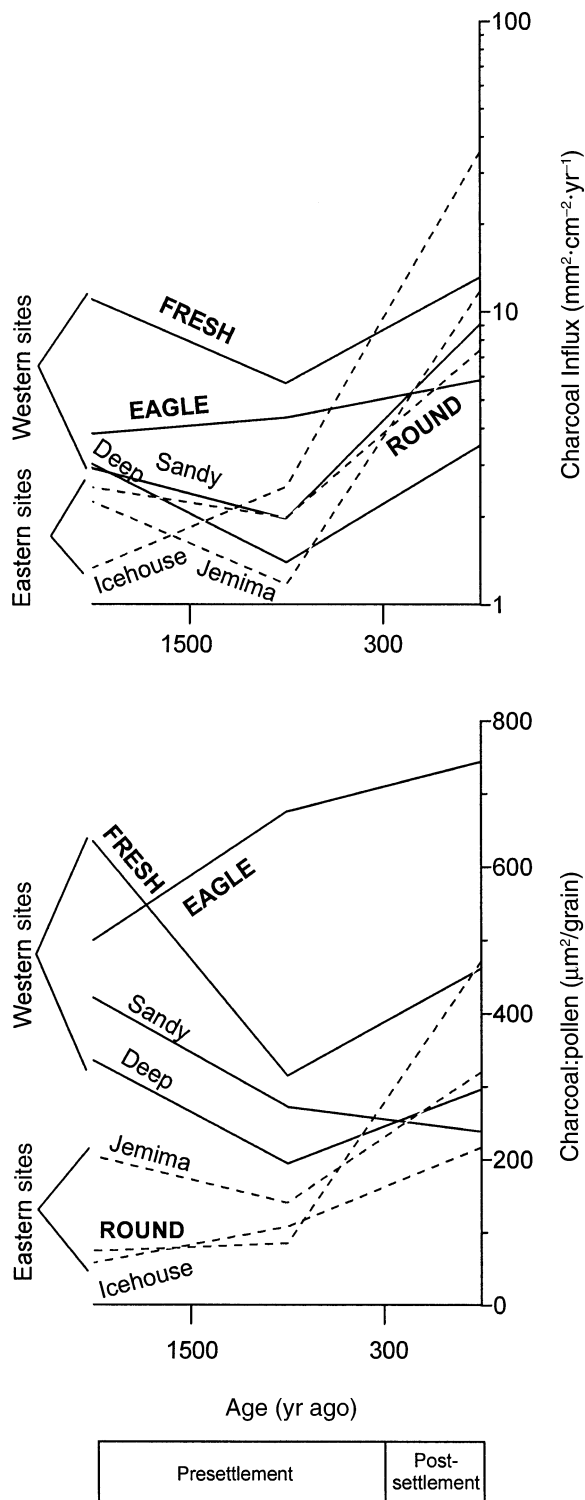


FIG. 5. Average charcoal abundance for three time periods: Presettlement I (~1500–2500 years ago), Presettlement II (~300–1500 years ago), and Postsettlement (0–300 years ago). Charcoal influx (note the log scale) is a sum of both microscopic and macroscopic size fractions. Time periods were identified by pollen classification as shown in Fig. 3, but the precise age ranges vary slightly among sites. For Jemima Pond, where no presettlement pollen zones were

Comparison of pollen among sites

When only presettlement pollen assemblages are considered, the seven sites comprise two main groups (Fig. 4a). *Quercus*, *Fagus*, and *Carya* are more abundant in Oak Group sites (Icehouse, Jemima, Sandy Hill, and Deep Ponds), whereas *Pinus* pollen dominates the sediments of Pine Group sites (Eagle, Fresh, and Round Ponds). For a subset of samples at each Pine Group site, we quantified the proportion of *Pinus rigida* type and found that it is overwhelmingly the most abundant *Pinus* pollen type. The presettlement organic content of sediments is much higher in lakes of the Oak Group (>75%) than the Pine Group (<60%). Following European settlement, sites in the Oak Group also show a greater decline in organic content (Fig. 3) and a more substantial rise in sedimentation rates (Fig. 2).

The seven sites are less clearly separable into groups when pollen from only the postsettlement period is considered (Fig. 4b). A gradient from *Quercus*- to *Pinus*-dominated stands persists in postsettlement pollen, but the overlap among sites is higher than before European settlement because Oak Group sites have become more similar to Pine Group sites. In Oak Group sites, *Quercus* declines substantially, along with *Fagus*, *Carya*, and *Tsuga*, whereas *Pinus* increases, especially in the late settlement period.

Charcoal

The influx of smaller, microscopic charcoal fragments is 5–10 times greater than the influx of larger, macroscopic charcoal (Fig. 3). In most of the diagrams in Fig. 3, each sample averages charcoal influx for 5–20 years, with gaps between samples on the order of 50–100 years. Therefore, we restrict our assessment of changes in fire to the three broad time periods apparent in the pollen stratigraphy (Fig. 5). Variability in charcoal influx through time is, in most cases, similar between macroscopic and microscopic size fractions, and we combined them to estimate total charcoal influx.

Presettlement charcoal abundance varies with both landform and geography. Charcoal abundance is consistently highest at Fresh and Eagle Ponds, which are on outwash in western Cape Cod and members of the Pine Group (Fig. 5). Charcoal abundance is next highest in samples from Deep and Sandy Hill Ponds, sites on moraines in western Cape Cod and members of the Oak Group. The lowest values are from the three sites on eastern Cape Cod: Icehouse, Jemima, and Round Ponds. During the presettlement period, charcoal declines substantially around 1500 years ago in Fresh, Deep, and Sandy Hill Ponds and modestly at Round Pond between 1700 and 1200 years ago. Over this same

← identified, we used a cutoff of 1500 years ago. Sites from the Pine Group (see Fig. 4) are in bold letters.

interval, charcoal influx increases at Eagle and Ice-house Ponds.

Overall, charcoal abundance increases sharply following European settlement. Only at Sandy Hill Pond do charcoal values decline, and here only when charcoal:pollen ratio values are considered. Neither the magnitude of these changes across the settlement period nor the absolute charcoal abundances following settlement are clearly related to geographical location, landform, or pollen group as identified above.

DISCUSSION

A paleoecological study of this system is valuable because it elucidates the extent and direction of ecological change before and during a time when the intensity and type of human activity shifted substantially. By selecting many sites within a small geographic area we can address two major questions of landscape change over the past 2000 years. First, how variable was vegetation composition and fire across the landscape before extensive settlement, and what factors are associated with this spatial pattern? Second, to what extent and in what direction did vegetation and fire change over the period of European settlement, and what were the major causes of these changes?

Vegetation reconstruction and resolution of pollen data

We have shown that two lakes as close as 10 km can differ sharply in their pollen stratigraphy over the past 2000 years. For example, Deep and Fresh Ponds are 10 km apart and are less similar to each other than they are to sites in other parts of Cape Cod. In similar fashion, although Round Pond is only 15 km from Jemima Pond, its presettlement pollen values for *Pinus* are more than five times higher. These results support other empirical studies in New England finding that regional pollen from plants growing inland does not impede an interpretation of local vegetation from pollen in lakes along the coast (Winkler 1985, Dunwiddie 1990, Jackson and Dunwiddie 1992). That presettlement pollen assemblages show distinct separation of sites into groups is especially notable, because *Pinus* and *Quercus* pollen disperses relatively long distances and might be expected to overwhelm the pollen spectra (Prentice 1985, Jackson and Lyford 1999).

Clearly, Cape Cod was largely forested at the time when Europeans first arrived in New England. Based on the low abundance of herb and grass pollen at all sites, there is little evidence for extensive grasslands or heathland vegetation before European arrival (Foster and Motzkin 1999, Dunwiddie 2001). The forests were comprised primarily of *Pinus rigida* and *Quercus* spp., but their abundance was variable across the landscape and some areas had a much larger component of *Fagus* and *Carya* than today. A much greater degree of heterogeneity in forest composition probably existed locally that is not represented in these pollen records. For example, Atlantic white cedar swamps and other

lowland vegetation types were certainly present (Motzkin et al. 1993), but our selection of lakes does not allow us to consider them. As mentioned above, since the vegetation is dominated by pollen from highly dispersed types, fine details of past vegetation composition are not detectable from our data. Furthermore, important structural differences in oak forests cannot be addressed because differences in oak pollen types cannot be easily identified.

Presettlement distribution of vegetation and fire

We find that much of the variability in presettlement forest composition is closely tied to landform and soil characteristics. Sites dominated by *Pinus rigida* (Pine Group) are surrounded by deep, well-drained, outwash deposits, while sites dominated by *Quercus* and other hardwoods (Oak Group) occur either on moraines (Deep and Sandy Hill) or ice-contact deposits (Ice-house), which have greater topographic variability and soil composition ranging from coarse sands to sandy loams and silt loams (Table 1). Jemima Pond is an exception in the Oak Group, because the surrounding soils are predominantly outwash sands. Perhaps hardwoods have an advantage over *Pinus* here as a result of higher water availability, since the surrounding landscape is relatively low in elevation and several lakes surround the site. The predominance of hardwoods could also be a response to lower fire occurrence.

The strong link between landform and presettlement forest composition is supported by other paleoecological studies from Cape Cod (Winkler 1985, Tzedakis 1992; W. A. Patterson, unpublished data), nearby Plymouth County (Backman 1984, Patterson and Backman 1988) and Martha's Vineyard (Foster et al. 2002). Proprietor records further corroborate the pattern, with oak trees cited more often on moraines and pines mostly cited on outwash (Hall et al. 2002, Motzkin et al. 2002). Mid-19th century historical observations and maps also indicate that the woodlands of eastern Cape Cod were dominated by *Quercus* near Jemima and Ice-house Ponds and by *Pinus* in the vicinity of Round and Eagle Ponds (U.S. Coast and Geodetic Survey 1845–1861, Dwight 1969, Thoreau 1988).

Our results indicate that presettlement fire is closely tied to landform and vegetation, especially on western Cape Cod. Charcoal is most abundant in the two Pine Group sites (Fresh and Eagle) occurring on outwash deposits and is lower in the two Oak Group sites (Deep and Sandy Hill) located on morainal deposits (Table 1, Fig. 5). This pattern is consistent with the ecology of these forest communities. *Pinus rigida* is a shade-intolerant species that does not regenerate well in thick leaf litter (Little and Garrett 1990), and successful stand establishment occurs primarily after moderate to severe fires or other physical disturbances that remove resident trees and organic litter. *P. rigida* occurs today almost exclusively on sandy, well-drained soils (Little 1979, Olsvig et al. 1979, Little and Garrett 1990, Motzkin et al. 1999). In the absence of severe or frequent

fire, *Quercus* often replaces *P. rigida* with other hardwoods such as *Fagus* and *Carya*, becoming a larger component of the forests on more mesic sites (Little 1979, Patterson et al. 1984, Chokkalingham 1995).

The abundance of charcoal in many of these lakes is among the highest in all of New England, indicating that the occurrence of fire was, indeed, much higher in pitch pine–oak forests along the coast than in other vegetation types (Patterson and Backman 1988, Parshall and Foster 2002). Charcoal influx values from Fresh and Eagle Ponds are similar to other pitch pine forests in New England and are comparable to pine forests of the Great Lakes region, though not as high as the Midwestern prairies where fires probably burned annually (Clark 1990, Clark and Royall 1996). The lowest influx values on eastern Cape Cod (Icehouse, Jemima, and Round) are similar to those from oak-dominated forests inland (Parshall and Foster 2002).

The low occurrence of fire on eastern Cape Cod is contrary to expectations for several reasons. For one, since *Pinus rigida* dominated the forests for >2000 years around Round Pond, fires are expected to have been common. One possible explanation for this discrepancy is that the abundance of fossil charcoal is underestimating the true occurrence of past fires. A large portion of the potential regional source area is ocean, not land, and only local fires would contribute charcoal to the basin. The smaller ratio of charcoal to pollen at Round Pond compared to other Pine Group sites supports this explanation, since the potential source area for pollen should also be reduced. An alternative explanation is that the actual occurrence of fire may have been lower. This is a real possibility since the chance of ignitions on the narrow landmass of eastern Cape Cod is lower than elsewhere and several barriers to the spread of fire exist. If this is true, *Pinus rigida* persisted at this site despite its perceived requirement for fire. Unfortunately, we do not have enough information at this time to determine the relative importance of these two factors—reduced source area and lower occurrence of fire—on reducing charcoal influx at Round Pond.

Archaeological evidence and early historical accounts place Native American populations and settlements in eastern Cape Cod, especially near Jemima and Icehouse Ponds (McManamon 1984, Mahlstedt 1987, Grumet 1995). If Native Americans were intentionally setting fires, their effects are not clearly seen in our results. This could mean that the fires did not produce large amounts of charcoal (e.g., low-intensity surface fires), and our methods are unable to detect them. Alternatively, fires may actually have been less common than has been asserted (Pyne 1982, Patterson and Sassaman 1988, Whitney 1994, Bonnicksen 2000), and Native Americans did not substantially affect widespread fire occurrence. Although human populations in New England were probably highest along the coast, there is little evidence that settlements were large or persisted for as long as Native American populations

elsewhere in eastern North America (Clark and Royall 1995, 1996, Bragdon 1996, Chilton 1999). Perhaps Native American impacts increased the abundance of fires only locally, which might not be observed in these particular lakes since fires must occur near a basin to be detected (Sugita et al. 1997).

Changes in vegetation and fire 1500 years ago

The change in presettlement pollen and charcoal at all but one of the lakes around 1500 years ago indicates a surprisingly synchronous shift in forest composition and fire. Although the nature and extent of these changes are not the same at all sites, several consistent patterns are evident. Charcoal abundance declines at the three westernmost sites (Deep, Fresh, and Sandy Hill) and is associated with a shift toward higher *Pinus* pollen at two of them (Fresh and Sandy Hill). An increase in *Pinus* pollen occurs at other locations along the coast of New England between 1500 and 2000 years ago (Butler 1959, Winkler 1985, Foster et al. 2002), although comparable charcoal records are lacking. In contrast, fire apparently became more important at this time around Eagle Pond, where *Pinus* rose and *Quercus* declined, and Icehouse Pond, where *Quercus* increased.

Regional changes in climate or human activity are the two most likely explanations for the coincidence of these changes. The number of archaeological sites identified suggests that the size of the human population on Cape Cod may have peaked around 1300 years ago (Mahlstedt 1987). However, an increase in fire by Native Americans would presumably increase the occurrence of fire. As with the unexpectedly low occurrence of fire in eastern Cape Cod, we do not find evidence to support a widespread effect of Native Americans.

A more likely explanation is that fire declined as climate became effectively wetter (Webb et al. 1993, Almquist et al. 2001, Shuman 2001). Although one other study also shows evidence for declining charcoal abundance over the past 3000–5000 years on eastern Cape Cod (Winkler 1985, 1997), other Holocene-scale records are lacking to say whether this was a general pattern in New England. Our current understanding of the relationship between fire and past climate change is not well developed. For example, fires have apparently increased in eastern Canada over the Late Holocene as climate became wetter, perhaps because of a change in the seasonal distribution of precipitation (Carcaillet and Richard 2000). Our conclusion is that fire on Cape Cod has declined in importance over the past 2000 years in step with cooler, moister climate rather than in response to human activities, but this pattern requires further consideration.

Impact of European settlement

Clearly, the greatest amount of change over the past 2000 years took place with the arrival of permanent European settlements in the mid to late 1600s. Many

of the forests of Cape Cod were either cleared by the late 1700s or altered extensively by selective cutting (Altpeter 1937, Dwight 1969). This transformation from a wooded to open and highly disturbed landscape appears as an increase in the abundance of herb and grass pollen and a reduction in hardwood trees, especially *Quercus*, *Fagus*, and *Carya*. The openness of the modern landscape that was initiated at this time continues to the present, although the arrangement of wooded and open lands obviously changed over the past 150 years (Fig. 1). Sites that show the earliest and most extensive changes were dominated by hardwoods before settlement (Oak Group) and had a much larger reduction in organic matter and increasing sedimentation rate than sites previously dominated by *Pinus rigida*, presumably a result of greater erosion of the uplands. These sites may have been more desirable for grazing and agriculture because of their finer-textured and more mesic soils or for their source of hardwood trees for wood products. Forests around each of the lakes in the Oak Group were cleared either completely (Jemima and Icehouse) or substantially (Sandy Hill and Deep) in the mid-1800s (Fig. 1).

The rise in charcoal at almost every site suggests that fire was a more common part of the postsettlement landscape than for at least the previous 1000 years, a pattern that is evident in other regional fire histories (Patterson and Backman 1988, Russell et al. 1993, Clark and Royall 1996, Maenza-Gmelch 1997). European land use practices are likely to have increased fire occurrence as a result of intentional burning, an accumulation of woody fuels following land clearance, and higher frequency of accidental ignitions from the larger population size (Deyo 1890, Altpeter 1937, Pyne 1982, Patterson et al. 1984, Williams 1989, Dunwiddie and Adams 1995). Written accounts of fires prior to the middle of the 19th century are scarce, but several town ordinances were in place in the early settlement period that restricted their use to particular seasons (Hough 1882), so Europeans were obviously burning the land at the time of initial clearance.

Two caveats require some notice. First, higher levels of postsettlement charcoal could be partly an artifact of redeposition from upland soils, though we do not believe that this was significant. Charcoal:pollen ratio values, which take into account redeposited charcoal by including pollen redeposited at the same time, also increase after settlement. In addition, although the amount of unidentifiable pollen rises at settlement, it does not comprise a large portion of total pollen, suggesting that the influx of both older pollen and charcoal from upland soil was probably not large. Second, the resolution of our charcoal data does not reveal a reduction in fires over the past 50 years as a result of effective fire suppression. Therefore, the modern structure and composition of forests are likely a result of the absence of recent fire that we cannot detect in our records, in addition to regeneration following land clearance and higher fire in the early settlement period that we can detect.

The main forces that have influenced ecosystem processes on the postsettlement landscape of Cape Cod were forest clearance and an increase in fire. Although pollen assemblages show a gradient in forest composition today from dominance by hardwoods to dominance by *Pinus*, the edaphically controlled landscape mosaic of the presettlement forests is not nearly as distinct. Apparently, Cape Cod forests today are more similar to each other than before the arrival of Europeans, in part because the open agricultural landscapes of 150 years ago have become reforested with less *Quercus*, *Fagus*, and *Carya* and more *Pinus*. These results corroborate a trend across New England toward less variation in vegetation composition on the modern landscape than in the past (Russell et al. 1993, Foster et al. 1998b, Fuller et al. 1998).

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